

**Project No** : 0029-06  
**Project Title** : “Life Navigator’ Community Mentorship  
Project for Primary School Students  
**Name of Organisation** : Tung Wah Group of Hospitals Jockey Club  
Shatin Integrated Services Centre  
**Grant Approved** : \$700,000.00

**Project Aims and objectives :**

1. To identify and harness the strength of community ties and resources in order to provide all-rounded learning opportunities to the students/mentees coming from low income families so that they can develop their potential and strengths.
2. To enhance self-esteem and resilience of these students and their family members.
3. With the cross-sector collaborations and support, includes government bodies, non-governmental bodies and private enterprises, we could motivate people in the district serve the deprived groups in the community. They act as mentors/life navigator of the mentees. Through these, they are not only offering to the society, but also developing their strengths and potentials which then transform into social capitals.
4. To provide positive experience and recognition to the life navigator. These valuable experiences will encourage them to continue provide services for the needy and pursue of a harmonious, caring and health-conscious community.
5. To assist participating schools in developing the volunteer network. With this network, the deprived groups will be given support when needed.
6. To establish “Life navigator” volunteer corporate body. The Life Navigator will work with school closely and use school as a base to serve the students and vulnerable groups in the community.

**Project Duration :** 1 December 2005 – 30 November 2007

**Target Groups :**

1. 90 primary students who are receiving CSSA or comes from low income families. Three primary schools in Shatin will join in the Project and the school personnel will involve in the selection process with the organizers.

2. Approximately 90 life navigators are recruited from different sectors to join in the Project. They are expected to participate in the Project for at least half year to two years. "The life navigator" can divide into 2 levels: -

Family life navigator/ Individual or Enterprise Life navigator

3. Underprivileged groups in the community: about 1,000 people

**Location of the Project :** Shatin District

**Unique Features of the Project :**

- **Social Inclusion:** to enhance the communication, liaison and cooperation among private corporations, residents in the community, government departments and community groups in order to establish a caring and harmonious society; the social capital of the mentors can be further enhanced. They can obtain life satisfaction through helping others, and therefore enhance their self-worth through active participation and contribution to the society once again.
- **Self Help – To Help Others:** to promote volunteerism in the community, empower them as givers, and thus develop a trustful relationship and supportive atmosphere in the community; As the sense of belonging is increased, the mentees will also become social assets;
- **Family-based; child-centre:** tailor-made for individual needs.
- **Establish partnership relations with school.**

**Expected Output :**

- ✧ No. of students(mentees): 90
- ✧ No. of life navigator(mentors) : 90
- ✧ No. of mentees and whose family members becomes "the life navigator": 30
- ✧ No. of mentors who will join in the corporate body after two years: 10
- ✧ No. of business organizations will join in the Project: 5
- ✧ No. of non-governmental organization/government departments will join in the Project: 5
- ✧ No. of underprivileged groups who have received services from mentees and mentors in the Project: 1000 people with at least 20 times.
- ✧ No. of program sessions in the Project: 290.
- ✧ No. of program sessions conducted by mentors: 190
- ✧ No. of program sessions offered to the mentees' family members by mentors: 10
- ✧ No. of community education program sessions organized by mentees and mentors: 12

### **Expected Outcomes :**

- The mentees and their family members obtain all-rounded development opportunities which could enhance their abilities, confidence, self-esteem and positive attitude.
- Housewives, retirees, youth members and students in community appeared as 'idle' members since they are not being employed, or not involved in 'income earning' activities for the family. Whilst most of them are still very energetic and active, this involvement in helping the deprived in a way tapping the untapped for cause of community betterment. This will also help to enhance their self-image and status in community with continuous participation and contribution. Thus, their social well-beings would be enhanced. Self-run voluntary group is expected to be established and connected with schools so as to continuously provide services to the deprived groups.
- The spirit of mutual support and concern in the community will be further increased.
- The mentees and their families will no longer be suffered from poverty. They will have initiatives to improve their living standard.
- With the active and extensive participation of community members in these networks, social capital will be created, mutual help spirit or reciprocity could be fostered, and social cohesion would be materialized in our community. This cross-institutional, cross-sector and cross-generation co-operation could serve as a platform for further collaboration among different parties at different levels or areas; and induce a cultural change in the local community at last.