

**Project No** : 0051-02  
**Project Title** : Project SASA - South Asians Support Alliance  
**Name of Organisation** : Hong Kong Christian Service  
**Grant Approved** : HK\$1,486,170

**Project Objectives:**

- To develop and strengthen self-help and mutual support among the South Asians through Mutual Support Club, One-to-One movement and Mentor System;
- To equip the South Asians with necessary community living skills so that they can lead a better life in Hong Kong;
- To help the South Asians acquire specific knowledge and skills to perform effective roles as parents and employees;
- To connect the South Asians with local community resources; and
- To promote social integration between the South Asians and local people by enhancing mutual understanding and facilitating direct contact.

**Brief Description of Programmes to be organized:**

- a. Skills trainings and classes (eg. Cantonese class, effective job interview skills, knowing the education system of Hong Kong, parenting skills, etc)
- b. Mutual Help Club meetings (Regular meetings to share information and discuss about concerned topics, service needs, etc)
- c. Mentors training and meetings (Training for potential leaders to serve as mentors to the needy service target and families)
- d. Volunteer training (Training for South Asians and local Chinese who are interested in providing volunteer service to the South Asians)
- e. Support groups on special needs (eg. For unemployed adults and stressful parents)
- f. Culturally specific programs and cross-cultural activities (on the history of Hong Kong, Islamic culture, Chinese culture, cross-cultural recreational programs, competitions, etc)
- g. Consultation services for South Asians persons, families and other people who are concerned about the needs of South Asians.

**Unique Features of the Project:**

- A Mobile Service Team composing of a social worker and South Asian workers to provide proactive and outreaching services to the target groups.
- Strategic alliance with local ethnic group organizations to encourage referrals and joint hand effort.
- Capable South Asians and local Chinese trained as Mentors to help the service users.
- Mutual Support Clubs to promote mutual help among the members. One-to-one movement will be adopted to expand the network and membership of the Club.
- The project be incorporated to the HKCS Shamshuipo (Central) Integrated Children and Youth Service, which can provide much opportunity for the South Asians to interact with the other local members.

**Project Duration:** 36 months (from 2 / 2004 – 2 / 2007)

**Target Groups:** South Asian families in Hong Kong

**Location of the Project:** Sham Shui Po, with reaching out service to Kwun Tong,

**Expected outputs and outcomes in terms of increase in social capital:**

### **1. Outputs**

- Networking
  - ◆ No. of South Asian persons and families engaged by the project by means of programs, activities, groups and newsletters
  - ◆ No. of local Chinese involved in cross-cultural activities
  - ◆ No. of ethnic organizations, welfare service units and social institutions of the local community involved in the project
- Mutual Care and Trust
  - ◆ No. of mutual support group sessions organized and no. of attendees
  - ◆ No. of mentors trained to provide support to the service users
- Mutual Assistance and Reciprocity
  - ◆ No. of Mutual Support Club members and no. of attendees to Club meetings
  - ◆ No. of community service programs provided by volunteers
- Civil Engagement
  - ◆ No. of South Asians and local Chinese trained as volunteers
  - ◆ No. of newsletters distributed with information on community resources and civil rights

### **2. Outcomes**

- Social Adjustment and Social Solidarity
  - ◆ Increase in knowledge on community resources and social skills
  - ◆ Increase in the sense of confidence in integrating into local community
- Social Participation and Social Inclusion
  - ◆ Sense of satisfaction in cross-cultural activities
  - ◆ Sense of satisfaction in volunteering to serve the others
- Self-help and Mutual-help
  - ◆ Increase in competence in performing role functions
  - ◆ Expansion in mutual-help network