

Project No : 0015-01
Project Title : Helping Others – Self-Growing Project
Name of Organisation : Christian Concern for the Homeless Association.
Grant Approved : HK\$579,600

Project Highlights :

- A project to achieve self-help, mutual help, social inclusion and increase social participation of the homeless (including the street sleepers and people living in poor housing).
- The homeless will be recruited and trained as volunteers to offer peer support to those in similar conditions or to contribute their expertise in various services.
- It implies a change of status from service user (client) to service provider and volunteer.
- Networks of volunteer support will be developed and expanded among the homeless volunteers, between the homeless volunteers and other volunteers and between different sectors (private sector, welfare organizations and the Government).

Brief Description of Programmes to be organized :

- a. Services rendered by volunteers to the homeless: including outreaching and personal care as well as various mode of support services delivered through the Association's hostel, center and office
- b. Volunteer training: provide volunteers with training in supporting the homeless, on topics such as social resources, communication skills etc.
- c. Establish volunteer groups: to build mutual relationships and maintain volunteer service.
- d. Public education: to promote public understanding & enhance acceptance towards the homeless.

Unique Features of the Project:

- The homeless people are often labeled by society as marginal; chronic service users with some are even perceived to be endangering to others in society.
- The Association plans to counter such perceptions and views the homeless as common people who possess potentials, skills and the will to share – that can be nurtured and developed.
- Therefore, this project is designed to reach out to the homeless or those at

risk of becoming homeless, to motivate, build up their self-esteem, train and support them to become helpers (instead of just takers of services) as well as functional members of society.

Project Duration: 36 months (from 4 / 2003 – 3 / 2006)

Target Groups: Homeless (including street sleepers & people in poor housing situations)

Location of the Project: Sham Shui Po, Yaumatei, Jordan, Wong Tai Sin, Kwun Tong, Tokwawan and Tsuen Wan.

Expected outputs and outcomes :

1. Short-term basis

- Increase of community resources: no. of increased volunteer manpower.
- Promote community participation: no. of homeless service users who change to be volunteers and leaders.
- Promote cooperation and inclusion among different strata & social sectors: size and numbers of networks, nature and frequency of related activities, proportion of new participants etc.
- No. of accomplished volunteer programme

2. Long term basis

- Strengthen the volunteers' self-reliant and ability to help: to adopt measurement tools as stated in the project highlight.
- To improvement the situations of the deprived people: to record the no. of services provided by the volunteers that achieve this purpose.

Outcome Measures will include:

- Pre and post measurement to evaluate the changes of the homeless volunteers;
- index of well-being by Campell-Converse & Rogers, 1976;
- index of social tie by Wong, Sun & Lee 2001;
- Rosenberg Self-Esteem Scale by Rosenberg, 1979 and
- index of helping others by applicant organization, 2003.