

## Project Summary

**Project Title and No:** “Care for Healthy Growth of Children” After School Care Project (0040-14)

**Name of Organization:** The Hong Kong Federation of Youth Groups Jockey Club Cheung Wah Youth S.P.O.T.,

**Grant Approved:** \$1,400,000

**Project Duration:** 11/2009-10/2012

**Target Groups:** 1) Junior form pupils from three primary schools in North District - those who lack proper or have inadequate parental care;

2) Female members/volunteers from Sheung Shui Women’s Club, the Family Planning Association of Hong Kong;

3) Parents from the Parent-Teacher Associations (PTAs) of the participating primary schools;

4) Tertiary and Senior form students / non-engaged youth / women in the North District;

5) Community members, for example the retired and elderly persons.

**District served:** North District

### **1. Project Highlights**

#### **(i) Objectives:**

1. We aim at facilitating the healthy growth of the junior form pupils with after school care services, life skill and interpersonal skill training in addition to other alternative social services. Their confidence, self-care ability and sense of responsibility will then be enhanced;
2. We aim at creating a sense of empowerment of district women, retired and elderly persons, parents, mature students and non-engaged youth with adequate volunteer service training. Their core capabilities will be uncovered and encouraged to make commitment in district development. ;
3. We aim at establishing an effective community care network among families, wherein our neighborhood can hand in hand to envisage with their life adversity and resolve the difficulties ;
4. We aim at consolidating the mentor participation and cultivating them as our community leading group. The mentors will in return serve our district with their stronger commitment and devotion.

#### **(ii) Strategies**

1. We recruit parents as our volunteer core members of the project by establishing connection with PTAs of schools. They will be also our experienced mentors and will play the role as the project consultants and leaders. They will offer their personal experience in the sharing sessions and practical wisdom on project promotion strategies;
2. We form a community care network for mutual learning and support by establishing connection with the local parties and potential volunteer groups. Positive experience can then be mutually transformed and enriched.
3. We establish complement support by establishing the mentorship relationship between the families of the pupils and the volunteers. They two groups can join hands to envisage with their life adversity;
4. We create a sharing culture at the district by arranging periodical inter-school gatherings for mentors for sharing their teaching experience, and organizing annual inter-school massive activities for stirring up the positive communication among participated families.
5. We create a greater resource pool at the district for helping the needy by establishing the partnership with business sectors.

### **(iii) Expected Outcomes and Performance Indicators**

First, we anticipate the attitude, value and role of every participant can be positively changed as well as their potentials can be developed. Second, we expect mutual help community network will be set up by all the participants including 412 pupils, 75 mentors and 12 cooperation parties.

## **2. Brief Description of Programmes**

In the project, we have after school care service to help create a healthy learning and growth environment for children, with the provision of different growth groups, interest and skill training classes, birthday parties and peer tutoring programmes. In addition, added-valued workshops relating to tutor training and child rearing, teaching /parenting sharing sessions and parent alliance union will be provided for volunteer mentors and parents. Furthermore, different kinds of visits and social services will also be arranged for the families of volunteer mentors and pupils. The project will not be only launched inside schools, but outside in the local community, for serving a greater pool in our serving district.

## **3. Unique Feature and Areas of Innovation**

1. Take primary schools as the entry point. Utilize the local community manpower resources such as parents and youth volunteers for offering help for pupils who lack proper/ only are having inadequate parental care.
2. Build up a mutual support network among the participated families. Regular meetings and activities can also enhance the relationship of each other, so that prompt aid can be offered in case of emergency.
3. Build up community mentorship. Every two mentors from different sectors, background and age groups, will be paired up to take care of a pupil. With intensive communication throughout the project, the two generations can learn from each other, so that the solidarity of our community will be much enhanced.
4. Open up training opportunities in the community. The training sessions in the project can foster the cooperation among volunteers from different sectors as well as that between the participated pupils and volunteers. There are also different opportunities for them to apply what they have learned, develop their potentials and contribute to the community.
5. Create a community leading group for offering care in our district. In times of leading up training for other participants by the experienced mentors, a close relationship between them can be developed. Not only their social network will then be extended, their spirit of caring others will also be further consolidated.