

Project Summary

Project Title and No. : **Family Oasis-Happy Family Architect (0018-13)**

Name of Organization : Pok Oi Hospital Chan Ping Memorial Neighbourhood Elderly Centre

Grant Approved : \$1,600,000

Project Duration : Oct of 2009 to Oct of 2012

Target Groups : Women, youth, elderly and residents in Tin Wah Estate

Location of the Project : Tin Wah Estate, Tin Shui Wai

Project Highlights

Objectives

1. Strengthen the role of “Human” as social capital in the community, by revealing the abundant “Human” resource with a view to enhance residents’ ability to deal with adverse situation.
2. Promote a positive and proactive attitude to residents when facing difficulties.
3. Build up community network to ensure sufficient attention to the residents in need via various family and social relationships.

Strategies

1. Family-based - to recruit and train volunteers to visit families which are newly moved to Tin Shui Wai and in needs, and to develop mutual support network at neighbourhood level.
2. Body-Mind-Spirit education - provide a comfortable venue for organizing seminars/ workshops on topics related to spiritual health, individual growth, interpersonal relationship, etc.
3. Community education - provide different workshops/ seminars on topics related to physical, spiritual and mental health, and family relationship.

Expected Outcomes and Performance Indicators

1. To reveal the resources of Tin Shui Wai residents, enhancing their ability to deal with adversity.
2. To help residents learn how to ride on the experience in dealing adversity to help others.
3. Strengthen residents' self-efficacy and sense of belongings to the community.

Brief description of Programmes

"Happy Family Architect" recruitment and training: Recruit volunteers from the community and provide training to them by professionals, sharpening their knowledge/ skill for the tasks.

Happy Family Architect & Families Matching: Identify active participants from the training session and pairing them up with those families in need to facilitate the architecture of social support network.

Happy Family Architect Interactive Courses: Use interesting interactive courses as an interface to attract/encourage residents to participate in social services.

Medical Resonance Therapy (MRT) music time: To help easing the pressure/tension faced by residents in everyday life, thus improving their spiritual health.

Family Oasis Resources Corner: To offer a comfortable, quiet venue for residents to take some time off.

Unique Feature and Areas of Innovation

1. Through different sorts of activities (Spiritual/Mental health groups, interactive groups, thematic seminars and family activities to promote a positive culture in the society.
2. Establish Family Oasis Resources Centre to offer a comfortable venue for residents.
3. Bring in Medical Resonance Therapy (MRT) music to ease residents pressure/tension.