

Project Summary

Project Title: Social Capital Strategies- Towards a caring and harmonious community

Project No. 0004-12

Name of Organization: Kwai Tsing Safe Community and Healthy City Association Ltd

Grant Approved: \$1,500,000

Project Duration: 16 May 2008 to 15 May 2011

Target Groups: Vulnerable families in Cheung Ching Estate

Location of the Project: Tsing Yi Community Health Centre

1. Project Highlights:

(i) Objectives: This project builds on the foundation of the Cheung Ching Safe and Healthy Estate project to further empower vulnerable families to become valuable assets in the community. These families are those going through their critical period in life; such as the new migrants, single parent with sick child, and families having member with terminal illness or psychiatric problems. The hidden family or individuals who are withdrawn from the society are also included.

(ii) Strategies: The Tsing Yi Community Health Centre will be used as the base for the residents and collaborators to come together and share information. Vulnerable families are identified from hospital discharges, and through formal and informal networks. Established volunteer visiting teams are supported by the NGO, Property Management, District Councilor and Mutual Aid Committee. Each family is paired up with volunteer(s) as empowered and supervised by the Family Nurse or Program Worker: A pool of social capital is established and jobs are created to meet those n need.

(iii) Expected Outcomes and Performance Indicators: Community care networks are expected to be built among neighbourhoods in each building. Each identified vulnerable family is supported by another family or volunteer. The family is visited by the volunteer regularly in conjunction with the Family Nurse or Program Worker. Through partnership and mutual support, these families shall become the social capital to provide support to other families in need.

2. Brief Description of Programmes:

Programmes include the training of volunteers, forming of patient groups, organizing teaching classes, setting up health check stations for COAD, diabetes and hypertension. Group counseling and sharing are organized at regular basis. Furthermore, safety checks are also conducted throughout the estate and the homes.

3. Unique Feature and Areas of Innovation:

This project cuts across traditional service boundaries by targeting on vulnerable families and hidden individuals. The project aims to tap into the undiscovered resources within the families and dependent individuals to transform their role from being dependent to self-reliant, and furthermore to help others. Each building block is expected to discover its own resources to support each other and through the process, reinforce the belief that: Empowerment and modeling are the keys to cultivate a caring and harmonious community.