

**Project Title and No: Build the Joyful Family Together 0003-12**

**Name of Organisation: Kowloon Women's Organisations Federation**

**Grant Approved: HK Dollars \$994,000**

**Project Duration 3 years (From mid 2008 to mid 2010)**

**Target Groups: people with cross culture and background, especially for those women, teenagers, child, retiree in low-income family**

**Location of the Project: Shum Shui Po District**

## **1. Project Highlights**

### **i.Objectives**

- To promote mutual assistance, support and social inclusion provided through strengthened community networks in the community.
- To enhance the self-reliance of Women and to increase the skills and capacities of the employable
- To enhance the community's awareness of family violence and harmonize the family relationship

### **ii.Strategies**

To satisfy social need

- to ease working parents' workloads by providing after school care service and organize activities to enrich the children vision.
- to serve the parent who require to work or who are not available to carry out some domestic works

To upgrade individual competence

- discover volunteer talent and potential, change the role of participator from service receiver to volunteer (community contributor)

To build up social capital

- encourage the youth to serve community
- provide the information, knowledge of family violent
- make use of talent of volunteers to condense social capital

## **2. Brief Description of Programmes**

### **2.1 Short-term day care service—interest cultivation**

-to provide after school care service. Parents and University students will be recruited as volunteer. This mutual support network can ease working parents' workloads. Volunteer will organize activities in the class to enrich the children vision, such as singing skill, simple handwork etc.

## 2.2 Community Volunteer –build up the warmer colony

Our volunteer in each block of Hoi Lai Estate will operate the 「Here we are!!」 Facilitating domestic work service. (The detail of this service will be mentioned below) Furthermore, the volunteer will visit the aged, making non-profit selling etc. The formerly service receivers will be encouraged to be the helpers.

## 2.3 「Here we are!!」 Facilitating domestic work service

This service mainly serve the parent who require to work or some family who are not available to carry out some domestic works which aims to reduce the family conflict. Several types of service is tentatively arranged, they are A) queue up service e.g. queue up for the electricity payment B) purchase service for daily groceries C) send and receive the student to and from school D) to accompany elderly/children to medical follow up.

## 2.4 “Relaxing weekend”—interest group and information talk

Weekend activity will be arranged for low-income family who always avoid going out to reduce their expenses, however activity for family is significant to promote the closeness in family. Weekend activity for example snack-making, some physical activity etc. The informative talk will also hold which provides family with the latest social issue, up-to-date culture. By the talk, both parent and child and so both of them can have more common interest.

## “Refresh From Heart”— bi-monthly parent-child workshop

Through sharing, roles play —let the parents and their child exchange of their role. Try to make each other understand both situation from their point of view, each other “Refresh from Heart” to change the past inefficient mode of communication, build up a new and interactive way to facilitate communication for the sake of increase the problem solving ability in the family and grow up of intimacy within family members.

## **3. Unique Feature and Areas of Innovation**

1. Enhancing the self-reliance of Women and retiree, to approve the talent of volunteers which can build up their optimistic life values
2. To condense the social capital by changing the service receiver to community contributor
3. Place the family education to family, emphasis the harmony family is depends on the whole family’s participation not individual.